

Space, time and motion

IB Diploma Physics

The data booklet is on the desk in every paper, so the useful question is what you have to supply yourself: the definitions, the decay bookkeeping, and the results you are expected to derive. Compiled by GioPhysics from the published syllabus. This is an independent study aid, not an IB document; the official syllabus is the authority.

A.1 Kinematics

SL Average velocity

$$v = \Delta s / \Delta t$$

v — average velocity (m s^{-1})

Δs — displacement (m)

Δt — time interval (s)

A definition, not a booklet equation. Average speed uses distance travelled and average velocity uses displacement; the two differ whenever the path is not straight.

SL Average acceleration

$$a = \Delta v / \Delta t$$

a — average acceleration (m s^{-2})

Δv — change in velocity (m s^{-1})

Δt — time interval (s)

A definition, not a booklet equation.

SL Velocity after uniform acceleration

$$v = u + at$$

v — final velocity (m s^{-1})

u — initial velocity (m s^{-1})

a — acceleration (m s^{-2})

t — time (s)

SL Displacement under uniform acceleration

$$s = ut + \frac{1}{2}at^2$$

s — displacement (m)

u — initial velocity (m s^{-1})

a — acceleration (m s^{-2})

t — time (s)

SL Uniform acceleration, without time

$$v^2 = u^2 + 2as$$

v — final velocity (m s^{-1})

u — initial velocity (m s^{-1})

a — acceleration (m s^{-2})

s — displacement (m)

SL Displacement from average velocity

$$s = \frac{1}{2}(u + v)t$$

s — displacement (m)

u, v — initial and final velocity (m s^{-1})

t — time (s)

All four of these hold only while the acceleration is constant.

SL **From the graphs**
velocity = gradient of s–t · acceleration = gradient of v–t · displacement = area under v–t
 gradient — of a tangent where the motion is not uniform
Not printed in the data booklet. Distance travelled is the area under a speed–time graph, which is not the same as displacement once the direction reverses.

SL **Projectile motion**
 DERIVED **horizontal: $s_x = u_x t$ · vertical: $s_y = u_y t - \frac{1}{2}gt^2$**
 u_x — horizontal component of the launch velocity (m s^{-1})
 u_y — vertical component of the launch velocity (m s^{-1})
 g — acceleration of free fall (m s^{-2})
Not a separate booklet equation: it is the four equations above applied to each axis, with zero acceleration horizontally. Fluid resistance is left out here, and its effect on a projectile — shorter range, a steeper descent — is wanted only qualitatively; the drag force itself is in A.2, and terminal speed is where it balances the weight.

A.2 Forces and momentum

SL **Newton's second law**
 $F = ma$
 F — resultant force (N)
 m — mass (kg)
 a — acceleration (m s^{-2})
The special case of $F = \Delta p / \Delta t$ for constant mass. Force and acceleration are in the same direction.

SL **Force as rate of change of momentum**
 $F = \Delta p / \Delta t$
 F — resultant force (N)
 Δp — change in momentum (kg m s^{-1})
 Δt — time taken (s)

SL **Linear momentum**
 $p = mv$
 p — momentum (kg m s^{-1} , N s)
 m — mass (kg)
 v — velocity (m s^{-1})

SL **Impulse**
 $J = F\Delta t = \Delta p$
 J — impulse (N s)
 F — constant force (N)
 Δt — time for which it acts (s)
For a varying force, impulse is the area under a force–time graph.

SL **Translational equilibrium**
 $\Sigma F = 0$
 ΣF — vector sum of every force on the body (N)
Not printed in the data booklet. It is the condition for constant velocity, drawn from a free-body diagram.

SL **Conservation of linear momentum**
total momentum before = total momentum after
 p — summed over the system, with direction
Not printed in the data booklet. It holds for an isolated system, in collisions and in explosions; kinetic energy is conserved only in an elastic collision.

SL	Static friction $F_f \leq \mu_s N$ F_f — friction force (N) μ_s — coefficient of static friction N — normal reaction force (N) <i>An inequality: static friction takes whatever value balances the applied force, up to this maximum.</i>
SL	Dynamic friction $F_f = \mu_d N$ F_f — friction force while sliding (N) μ_d — coefficient of dynamic friction N — normal reaction force (N)
SL	Buoyancy $F_b = \rho V g$ F_b — buoyancy force, the upthrust on the body (N) ρ — density of the fluid (kg m^{-3}) V — volume of fluid displaced (m^3) g — gravitational field strength (N kg^{-1}) <i>Archimedes' principle: the upthrust equals the weight of the fluid displaced. V is the volume of fluid pushed aside, which is the volume of the whole body only when it is fully submerged.</i>
SL	Viscous drag on a sphere (Stokes' law) $F_d = 6\pi\eta r v$ F_d — viscous drag force (N) η — viscosity of the fluid (Pa s) r — radius of the sphere (m) v — speed of the sphere through the fluid (m s^{-1}) <i>For a small sphere in laminar flow only. The drag grows with speed, which is what fixes terminal speed: the body stops accelerating once the drag plus the buoyancy balance the weight.</i>
SL	Angular speed in a circle $\omega = 2\pi / T \cdot v = \omega r$ ω — angular speed (rad s^{-1}) T — period of the circular motion (s) v — linear speed (m s^{-1}) r — radius of the circle (m)
SL	Centripetal acceleration $a = v^2/r = \omega^2 r = 4\pi^2 r / T^2$ a — centripetal acceleration (m s^{-2}) v — linear speed (m s^{-1}) r — radius (m) <i>Directed towards the centre, so uniform circular motion is accelerated motion even though the speed does not change.</i>
SL	Centripetal force $F = mv^2/r = m\omega^2 r = 4\pi^2 m r / T^2$ F — resultant force towards the centre (N) m — mass (kg) r — radius (m) <i>Not a new force: it is the name for whatever resultant — tension, gravity, friction, the normal force — points at the centre.</i>

A.3 Work, energy and power

SL	Work done by a constant force $W = Fs \cos \theta$ W — work done (J) F — force (N) s — displacement (m) θ — angle between force and displacement ($^{\circ}$) <i>A force at right angles to the motion does no work, which is why a centripetal force never changes the speed.</i>
SL	Work from a force-displacement graph work done = area under a force–displacement graph area — counted negative where the force opposes the motion <i>Not printed in the data booklet. This is how work is found when the force varies, as it does for a spring.</i>
SL	Kinetic energy $E_k = \frac{1}{2}mv^2 = p^2 / (2m)$ E_k — kinetic energy (J) m — mass (kg) v — speed (m s^{-1}) p — momentum (kg m s^{-1}) <i>The momentum form is worth having: it turns a momentum answer into an energy answer without going back through the speed.</i>
SL	Change in gravitational potential energy $\Delta E_p = mg\Delta h$ ΔE_p — change in gravitational potential energy (J) m — mass (kg) g — gravitational field strength (N kg^{-1}) Δh — change in height (m) <i>For a uniform field, which is the near-Earth case. D.1 replaces it with $E_p = -GMm/r$ once the field is no longer uniform.</i>
SL	Force in a stretched spring $F = k\Delta x$ $k = F / \Delta x$ $\Delta x = F / k$ F — force applied to the spring (N) k — spring constant (N m^{-1}) Δx — extension or compression (m) <i>Within the limit of proportionality.</i>
SL	Elastic potential energy $E_e = \frac{1}{2}k\Delta x^2$ E_e — energy stored in the spring (J) k — spring constant (N m^{-1}) Δx — extension or compression (m) <i>The area under the force-extension graph.</i>
SL	Power $P = W / \Delta t = Fv$ P — power (W) W — work done (J) Δt — time taken (s) F — force (N) v — speed in the direction of the force (m s^{-1})

SL

Efficiency

$$\eta = \text{useful work out} / \text{total work in} = \text{useful power out} / \text{total power in}$$

η — efficiency (a ratio, no unit)

Multiply by 100% for a percentage. Energy is conserved either way — the shortfall is degraded, not destroyed.

A.4

Rigid body mechanics

HL

Torque of a force

$$\tau = Fr \sin \theta$$

τ — torque about the axis (N m)

F — force (N)

r — distance from the axis to the point where the force is applied (m)

θ — angle between the force and the line joining the axis to that point (°)

Higher level only. A body is in rotational equilibrium when the resultant torque about every axis is zero.

HL

Moment of inertia

$$I = \sum mr^2$$

I — moment of inertia (kg m²)

m — mass of each particle (kg)

r — its distance from the axis (m)

Higher level only. It depends on the axis chosen, not only on the body — the rotational counterpart of mass.

HL

Newton's second law for rotation

$$\tau = I\alpha$$

τ — resultant torque (N m)

I — moment of inertia (kg m²)

α — angular acceleration (rad s⁻²)

Higher level only.

HL

Angular velocity after uniform angular acceleration

$$\omega = \omega_0 + \alpha t$$

ω — final angular velocity (rad s⁻¹)

ω_0 — initial angular velocity (rad s⁻¹)

α — angular acceleration (rad s⁻²)

t — time (s)

Higher level only.

HL

Angular displacement under uniform angular acceleration

$$\theta = \omega_0 t + \frac{1}{2}\alpha t^2 \quad \cdot \quad \theta = \frac{1}{2}(\omega_0 + \omega)t$$

θ — angular displacement (rad)

ω_0, ω — initial and final angular velocity (rad s⁻¹)

α — angular acceleration (rad s⁻²)

Higher level only. The four rotational equations mirror the four in A.1 term for term.

HL

Angular velocity without time

$$\omega^2 = \omega_0^2 + 2\alpha\theta$$

ω, ω_0 — final and initial angular velocity (rad s⁻¹)

α — angular acceleration (rad s⁻²)

θ — angular displacement (rad)

Higher level only.

HL Angular momentum and angular impulse

$$\mathbf{L} = \mathbf{I}\boldsymbol{\omega} \quad \Delta \mathbf{L} = \boldsymbol{\tau} \Delta t$$

L — angular momentum ($\text{kg m}^2 \text{s}^{-1}$)

I — moment of inertia (kg m^2)

ω — angular velocity (rad s^{-1})

τ — resultant torque (N m)

Higher level only. Angular momentum is conserved when the resultant torque is zero, which is why a skater spins faster with their arms pulled in.

HL Rotational kinetic energy

$$E_k = \frac{1}{2} I \omega^2 = L^2 / (2I)$$

E_k — rotational kinetic energy (J)

I — moment of inertia (kg m^2)

ω — angular velocity (rad s^{-1})

L — angular momentum ($\text{kg m}^2 \text{s}^{-1}$)

Higher level only. A rolling body has this on top of $\frac{1}{2}mv^2$ for its centre of mass.

A.5 Galilean and special relativity

HL Galilean transformations

$$\mathbf{x}' = \mathbf{x} - \mathbf{v}t \quad \mathbf{u}' = \mathbf{u} - \mathbf{v}$$

x', x — position in the moving and the original frame (m)

u', u — velocity of an object in each frame (m s^{-1})

v — speed of one frame relative to the other (m s^{-1})

Higher level only. The low-speed limit, and the thing special relativity replaces.

HL Lorentz factor

$$\gamma = 1 / \sqrt{1 - v^2/c^2}$$

γ — Lorentz factor (a ratio, no unit)

v — relative speed of the two frames (m s^{-1})

c — speed of light in a vacuum (m s^{-1})

Higher level only. $\gamma \geq 1$ always, and every relativistic effect below is γ doing the work.

HL Lorentz transformations

$$\mathbf{x}' = \gamma(\mathbf{x} - \mathbf{v}t) \quad \mathbf{t}' = \gamma(t - \mathbf{v}x/c^2)$$

x', t' — coordinates of an event in the moving frame (m, s)

x, t — its coordinates in the original frame (m, s)

γ — Lorentz factor

Higher level only. The same form works for intervals: $\Delta x' = \gamma(\Delta x - v\Delta t)$ and $\Delta t' = \gamma(\Delta t - v\Delta x/c^2)$.

HL Relativistic velocity addition

$$\mathbf{u}' = (\mathbf{u} - \mathbf{v}) / (1 - \mathbf{u}v/c^2)$$

u' — velocity measured in the moving frame (m s^{-1})

u — velocity measured in the original frame (m s^{-1})

v — relative speed of the frames (m s^{-1})

Higher level only. Feed in $u = c$ and you get $u' = c$, whatever v is — which is the postulate the whole theory is built on.

HL Time dilation

$$\Delta t = \gamma \Delta t_0$$

Δt — time interval measured in the frame the clock moves in (s)

Δt_0 — proper time, measured where the two events happen at the same place (s)

γ — Lorentz factor

Higher level only. Getting the answer right is mostly a matter of deciding which observer measures the proper time.

HL **Length contraction**

$$L = L_0 / \gamma$$

- L — length measured in the frame the object moves in (m)
 L_0 — proper length, measured at rest with respect to the object (m)
 γ — Lorentz factor

Higher level only. Contraction happens along the direction of motion only.

HL **Spacetime interval**

$$(\Delta s)^2 = (c\Delta t)^2 - (\Delta x)^2$$

- Δs — spacetime interval between two events (m)
 Δt — time between them (s)
 Δx — distance between them (m)

Higher level only. Every inertial observer disagrees about Δt and Δx and agrees about Δs — the invariant the spacetime diagram is drawn around.

HL **Rest energy**

$$E_0 = mc^2$$

- E_0 — rest energy (J, MeV)
 m — rest mass (kg, MeV c⁻²)
 c — speed of light in a vacuum (m s⁻¹)

Higher level only. Working in MeV and MeV c⁻² saves most of the arithmetic.

HL **Total energy**

$$E = \gamma mc^2$$

- E — total energy (J, MeV)
 γ — Lorentz factor
 m — rest mass (kg)

Higher level only.

HL **Relativistic kinetic energy**

$$E_k = (\gamma - 1)mc^2$$

- E_k — kinetic energy (J, MeV)
 γ — Lorentz factor
 m — rest mass (kg)

Higher level only. Total energy minus rest energy; $\frac{1}{2}mv^2$ is what this collapses to at low speed.

HL **Relativistic momentum**

$$p = \gamma mv$$

- p — momentum (kg m s⁻¹, MeV c⁻¹)
 γ — Lorentz factor
 m — rest mass (kg)
 v — speed (m s⁻¹)

HL **Energy-momentum relation**

$$E^2 = p^2 c^2 + m^2 c^4$$

- E — total energy (J, MeV)
 p — momentum (kg m s⁻¹, MeV c⁻¹)
 m — rest mass (kg, MeV c⁻²)

Higher level only. It links E and p without needing the speed, and for a massless particle it reduces to $E = pc$.